

The 2021 ANNUAL REPORT FOR INTEGRATED AGRICULTURAL ASSOCIATION (I.A.A)



1. REPORT SUMMARY

- 1.) 5000 girls trained on Sexual and reproductive health and rights, and COVID-19 prevention in Bamenda.
- 2.) 3000 girls supported with menstrual hygiene pads and face masks in Bamenda.
- 3.) 5000 young people sensitized on the dangers of child/early marriage and sexual abuse in Bamenda.
- 4.) 250 Juveniles received psychosocial support with food items, soap and face masks in Bamenda.
- 5.) 1500 Fulani women and grazers trained on plant based food, animal and environmental health in Foumban.
- 6.) 850 women trained on plant based nutrition and balance diet in Kumbo.
- 7.) 1000 farmers trained on ecological farming and sustainable agriculture in Kumbo.
- 8.) 2000 Moringa trees planted in Foumbot and Buea.

Total beneficiaries = 17600, Male: 3200, Women: 10,400, Children: 4000.

1. PARTNERS AND STAKEHOLDERS.

1. Ministry of Agriculture and Rural Development.
2. Ministry of Livestock, Fishery and Animal Industries
3. Ministry of Forestry and Wildlife
4. Ministry of Youth Affairs
5. Ministry of Social Affairs
6. Ministry of Women Empowerment and The Family
7. United People Global
8. The Pollination Project
9. The Vegan Society
10. Proveg International
11. Global Youth Mobilization

12. Global Giving
13. Future In Our Hands
14. Seed Program International
15. Traditional and Municipal leaders.
16. Changing tides
17. Board Members, Staff and Volunteers.
18. Peace First

4. PRESENTATION OF I.A.A

Integrated Agricultural Association (I.A.A) is a Cameroonian non-profit, non-sectarian and apolitical Organization founded on the 5th of March 2016, recognized on the 28th of February 2017, as a non-profit NGO by Law No 90/053 of 19/12/1990 governing associations in Cameroon, with authorization No 09/E.29/1111/Vol.8/ALPAS; to ensure Food security, Promote Disease prevention, Promote Social Justice, promote social, economic, and environmental well-being by (i) helping to create “sustainable economic development in rural communities in Cameroon,(ii) empower and train youths and women-owned producer cooperatives, and (iii) educate Cameroonians about the importance of organic farming and organic food. I.A.A is a Youth led Organization with 90% of its directors, staff, volunteers and beneficiaries being below 35 years old. Through grassroots outreach, the organization work with women, girls, peasant farmers, persons living with disabilities, the elderly, refugees and OVCs by helping them on their journey to economic opportunities, is addressing inequalities, promoting gender equality, young health and food security amongst the poorest segments of the society.

I.A.A also transforms subsistence farms into profitable businesses by helping smallholder farmers access good training, affordable capital, quality inputs and better crop prices. I.A.A focuses on smallholder farmer empowerment, defending indigenous minority rights, education, health, climate change and community development. Work in remote rural areas of Cameroon to help families grow enough food so that they can be well fed, to strengthen their voice so that they can speak out against injustice, and to earn enough money so that they can be free from poverty. I.A.A believes that empowering people to take control of their own development is the best way to provide a long-term solution to hunger and poverty as well as self-sufficiency. I.A.A targets communities who truly are the most neglected in their societies, living in places where daily life is a struggle that is made worse by discrimination and exclusion, to teach people about sustainable farming practices to fight hunger, to support poor rural women to set up small businesses to provide for their families, to teach indigenous families about their rights to land and basic services like education, health, water and sanitation.

4.) WORD FROM THE I.A.A DIRECTOR.

It is with great joy and enthusiasm to be doing what we do for our community. We love our work and we celebrate everyone who is part of this incredible mission. I thank our donors, board members, staff, volunteers, supporters and beneficiaries for working with us throughout 2021. You are our heroes because you make the change we seek to happen. Once again, congratulations on being part of our work. I.A.A has prepared this report to share her successes and challenges to the public. We learn much by doing in this work and there is a high possibility of replication and scale-up of its activities. It will be our joy to learn that our activities have been replicated in other areas. We are ready to provide more information on our activities to anyone to use and to assist in field work. We are also open to create partnership with anybody or institution interested in this work. We will gladly welcome support to continue this work in the targeted communities and in other areas. Feel free to contact us for details information. We have periodic training and regular interventions in different areas of development and humanitarian activities across different communities of Cameroon. After executing these activities in 2021, I feel strong, as I have grown in knowledge, skills and experience. I.A.A is ready to learn and do more from its tangible experience.

Dungrila Pascal Mbimenyuy

Project Leader/I.A.A Director

5.) ACHIEVEMENTS/MILESTONES.



1. Covid-19 prevention and menstrual hygiene management training in Bamenda, funded by Peace First. The goal of this activity was to promote health and well-being of the community, through health sensitization on effective ways to prevent the continue spread of COVID-19 pandemic, so that everyone lives healthy, peacefully and thrive successfully. Over 250 girls

below 24 years were trained on safe sex and sexual and reproductive health, and effective ways to prevent the spread of COVID-19 within the community, and supported with personal protective equipment and sanitary pads.



2. Child/Early marriage and sexual abuse in Bamenda. Integrated agricultural association organized a series of workshops on the child/early marriage/sexual abuse in partnership with community agriculture and environmental protection project CAEP-CAMEROON, funded by Global Youth, Mobilization. It aimed at empowering young people with skills and knowledge to challenge the physical and cultural norms that do not respect their right and freedom. Over 750 young people between 16 and 30 years have been reached.



3. Menstrual hygiene management and family planning in Bamenda I.A.A trained and supported young people on family planning techniques, on how to make and use re-useable menstrual pads in Bamenda. Given that thousands of vulnerable girls are not able to afford a packet of menstrual hygiene pads, at the current pricing, which cost at least, 1\$ per pack. I.A.A continue to promote gender equality and fight poverty amongst the vulnerable girls by support them with tools and skills to make and use their on

pads; to secure their on livelihood and reduce menstrual related stigma and trauma. I.A.A trained and supported over 1500 girls between 10 and 30 years, with funding from The Global Youth Mobilization.



4. COVID-19 Prevention and psychosocial support for juveniles in Bamenda. Integrated Agricultural Association provided mental health support to children in conflict with the law at the Bamenda Central Prison, through mental therapy intervention. Over 350 juveniles received food items, soap and COVID-19 protective equipment from I.A.A.



5. Plant based food, vegan outreach and animal health in Fouban. Integrated Agricultural Association organized a food awareness raising campaign through training on plant based food and grassroots effective vegan advocacy; working with Fulani women and Grazers. I.A.A discussed the implications of animal farming on the environment and need to switch from animal farming and consumption to plant based food and farming. Over 1200 women and grazers have been reached and funding was provided by The Vegan Society, Future In Our Hands and Proveg International.



6. Workshops on Food recipes and plant based nutrition and balance diet in Kumbo. The overall goal was to educate women on different nutrition sources; including vegetables, plant based food and fruits to promote a balance diet and reduce the risk of diseases resulting from malnutrition among vulnerable families. The aim was to increase local availability of safe, quality vegetables through support with knowledge and farm inputs to enhance food security as well as achieving nutritional balance for over 200 households through diversification of diets of the poorest segments of the vulnerable populations. It was funded by The Pollination Project and GlobalGiving.



7. Ecological farming and sustainable agriculture, in Kumbo. The main objective was to implement and mainstream innovative, sustainable, and affordable and locally owned approaches to improve food security for over 500 households by promoting sustainable agriculture and ecological farming to halt biodiversity loss and enhance soil fertility. It was funded by The Pollination Project and GlobalGiving.



8. Training and support on local irrigation techniques in Foubot. Integrated Agricultural Association (I.A.A) trained farmers on local irrigation techniques in Foubot during farmers' field visit and coaching in the community. Over 25 farmers were trained on irrigation while around 34 farmers were visited and coached.



9. The Moringa tree planting in Fouban, Buea and Bafia respectively. I.A.A initiated an agroforestry project in these three rural communities since January 2021, focusing on Moringa tree planting as cash crop. However, other economic trees like pear, Mangoes, Oranges, Papaw and large herbs like bananas and plantains remains the main focus in achieving food security and economic growth in the area. The Moringa Tree and Agroforestry Project is a sustainable approach to combating poverty, malnutrition, and environmental degradation. The aims were as follows:

To assist 5,000 farmers, particularly from poor and disadvantaged families, to engage in Moringa tree growing and increase for improved food security and income generation for the farmers thus enabling the farmers to meet the costs of other farming activities, among others.

To promote awareness among the farmers of the value and importance of planting trees(Moringa) and the value of agroforestry for different purposes; how to raise and tend tree seedlings and ways of integrating trees into farming systems through the production and dissemination of public awareness materials.

To mobilize and assist the project beneficiaries to organize themselves into Farmers' groups and a Community Association to manage and sustain the activities initiated under the project and take advantage of the economies of scale for the purchase of farm inputs; processing, transportation and marketing of agricultural produce; increase their market share and facilitate better access to credit and other financial services. Over 3000 Moringa trees have been nursed and planted, while over 5000 smallholder farmers have been identified to support in the next three years.

6. CHALLENGES.

During the implementation of these projects, there were some challenges relating to security, safety, and mobility, and environment, operational and financial challenges.

Admits the ongoing Anglophone crises in the Northwest and Southwest Regions of Cameroon, I.A.A has been operating under serious insecurity including gun shots, abduction for ransom taking, unusual closure of business operations by the separatist armed groups. All these security threats slowed down the activities and lead to increase cost of operation in many instances to reach our beneficiaries.

The current COVID-19 pandemic outbreak had huge adverse effects on the delivery of the I.A.A's planned activities for 2021. In response to the pandemic, The Government of Cameroon and World Health Organization, placed ban on public gatherings; and recommended the regular hand washing with soap, hand sterilization sanitizers, social distancing, wearing of face masks and remote working. It became challenging for I.A.A to equip its staff and volunteers with

digital tools to work from home given the limited budget and support. However, I.A.A respected all the recommendations of the Government and those of the World Health Organization.

Transportation has been challenging due to the fact that we have bad roads and lack of transport means that could be adapted to the roads we have, have slowed down the progress of I.A.A's activities throughout 2021. The hiring of public transport could not permit I.A.A's team to reach out to many communities in need of its services and intervention due to the fact that public transporters use only small vehicles to ply rural roads which are not adapted and cannot access all communities.

Rainy season affected the purchase and distribution of farm inputs, seeds and other project materials. Too much rain led to the blockage of some footpath in remote villages where I.A.A carries out agricultural support projects. This slowed down the progress of these activities and probably some communities could not be reached.

The Moringa and Agroforestry project needed the services of experts with extensive knowledge in rural engineering, and to have such people for decent work and output, I.A.A needed to allocate decent pay packages to motivate experts to be committed and work with rural smallholder farmers. Lack of full technical and financial capacity within the organization to accommodate all the project needs in this regard made it difficult to execute agroforestry and Moringa project successfully.

7. WAY FORWARD.

Integrated Agricultural Association (I.A.A) will continue to seek for more support at the local and international level to continue this work. I.A.A will be joining networks of professionals and experts to learn, share experiences and connect with experts who can help her boast and improve its performance.

Integrated Agricultural Association (I.A.A) will form a network of volunteers, interns and supporters and train them on local fund raising strategies, so that they can be versed with developmental and social issues within their local communities and mobilize resources for I.A.A to drive its mission of change successfully with local communities.

In the past 5 years, I.A.A has been focusing its activities in Kumbo, Bamenda, Foumban, Muyuka and Bafia; Northwest, West, Southwest and Center Regions respectively. In the next 5 years, I.A.A intends to extend in the South and Adamawa Regions of Cameroon and generate \$1000, 000 through institutional support, Government contracts, grants and online fund raising.

Integrated Agricultural Association (I.A.A) will create a social marketing network, to source and distribute farm inputs to smallholder farmers at subsidized rate, buy their farm produce and distribute in areas of scarcity. Produce and distribute reusable menstrual pads and other sexual and reproductive health equipment for vulnerable girls. This is a self-sustaining social enterprise which will generate income to ensure sustainability and expansion.

This report is produced and published by Integrated Agricultural Association (I.A.A), to share the successes and failures for 2021 with the public.

Tell: +237672837405

E-Mail: integratedagriculturalass@gmail.com

Commercial Avenue, Bamenda, Northwest Region, Cameroon.